

| Product Name                    | Osmolite®<br>1 Cal    | Jevity®<br>1.5 Cal  | TwoCal®<br>HN                                   | Vital® High<br>Protein   | Vital® 1.0<br>Cal  | Vital AF 1.2®  | Vital® 1.5 Cal  | Glucerna®<br>1.2 Cal   | Suplena®<br>with Carb<br>Steady                                   | Nepro®<br>with Carb<br>Steady                           | Pediasure®<br>Grow &<br>Gain             |
|---------------------------------|-----------------------|---|---|--|--|--|---|--|---|---|--|
| Primary Use                     | Tube                  | Tube  | Tube  | Tube   | Tube   | Tube   | Tube  | Tube   | Tube  | Tube  | Tube                                     |
| Calories/ml                     | 1.06                  | 1.5   | 2.0   | 1.0  | 1.0  | 1.2  | 1.5   | 1.2  | 1.8   | 1.8   | 1.0                                      |
| Protein (g/L)                   | 44.3                  | 63.8  | 83.5  | 87.3   | 40   | 75   | 67.5  | 60   | 45  | 81  | 30                                       |
| Fiber (gm/L)                    | 0                     | 22  | 5   | 0  | 4.2  | 5.1  | 6   | 16.1   | 12.7  | 12.6  | <4                                       |
| Carbohydrate<br>(gm/L)          | 143.9                 | 215.7   | 218.5   | 111  | 130  | 110.6  | 187   | 171.8  | 196   | 161   | 139                                      |
| Fat (gm/L)                      | 34.7                  | 49.8  | 90.5  | 23.2   | 38.1   | 53.9   | 57.1  | 60   | 96  | 96  | 38                                       |
| Sodium<br>(mg/L)                | 930                   | 1400  | 1450  | 1400   | 1055   | 1266   | 1500  | 1110   | 802   | 1060  | 380                                      |
| Potassium<br>(mg/L)             | 1570                  | 2150  | 2440  | 1400   | 1400   | 1688   | 2000  | 2020   | 1139  | 1060  | 1477                                     |
| Osmolality<br>(mOsm/Kg)         | 300                   | 525   | 725   | 419  | 390  | 425  | 610   | 720  | 780   | 745   | 450                                      |
| Free H <sub>2</sub> O<br>(ml/L) | 842                   | 760   | 700   | 836  | 842  | 811  | 764   | 805  | 738   | 727   | 844                                      |
| mL to meet<br>100% RDI          | 1321                  | 1000  | 948   | 1500   | 1422   | 1185   | 1000  | 1250   | N/A   | N/A   | 1000<br>(age 1-8)<br>1500<br>(age 9-13)  |
| Description                     | Isotonic<br>nutrition | High<br>calorie<br>and<br>protein<br>complete<br>nutrition<br>with<br>fiber | Calorie<br>and<br>protein<br>dense<br>nutrition | Peptide-<br>based high<br>protein<br>nutrition to<br>support GI<br>tolerance | Peptide-<br>based<br>nutrition to<br>support GI<br>tolerance | Therapeutic<br>nutrition to<br>modulate<br>inflammatory<br>response in<br>critically ill | High<br>calorie/protein<br>peptide-based<br>nutrition | Specialized<br>nutrition<br>for<br>enhanced<br>glycemic<br>control | Therapeutic<br>nutrition<br>for renal<br>failure/pre-<br>dialysis | Therapeutic<br>nutrition<br>for patients<br>on dialysis | Complete<br>nutrition<br>for<br>children |
| Comparable<br>Products          | Nutren®<br>1.0        | Nutren®<br>1.5  | Nutren®<br>2.0                                  | Peptamen®<br>Intense VHP   | Peptamen®  | Oxepa®   | Peptamen®<br>1.5                                      | Glytrol®   | Renalcal®   |   | Nutren®<br>Junior                        |

\*All products are lactose free, gluten free, kosher and halal

\*All products are provided in ready-to-hang containers with the exception of Suplena and Pediasure, which are only available in cans.

\*The recommended hang time for ready-to-hang containers is up to 48 hours. Open system products (cans) are safe to hang up to 8 hours.

| Product Name                    | Ensure® Enlive®   | Ensure® Clear                                | Glucerna®                              | Suplena® with CARBSTEADY®                                 | Pediasure® Grow & Gain              | Pro-Stat® Sugar Free AWC             |
|---------------------------------|---|--|--|---|-------------------------------------|--------------------------------------|
| Primary Use                     | Oral  | Oral   | Oral                                   | Oral  | Oral                                | Oral/Tube                            |
| Calories/ 8 oz                  | 350   | 240  | 220                                    | 425   | 240                                 | 100 (per 1 oz)                       |
| Pro (gm/8 oz)                   | 20  | 8  | 10                                     | 10.6  | 7                                   | 17 (per 1 oz)                        |
| CHO (gm/8 oz)                   | 44  | 52   | 26                                     | 46.4  | 33                                  |                                      |
| Fiber (gm/8 oz)                 | 3   | 0  | 3                                      | 3   | <1                                  |                                      |
| Fat (gm/8 oz)                   | 11  | 0  | 9                                      | 22.7  | 9                                   |                                      |
| Sodium (mg/8 oz)                | 260   | 70   | 207                                    | 190   | 90                                  | 50                                   |
| Potassium (mg/8 oz)             | 560   | 0  | 376                                    | 270   | 350                                 | 20                                   |
| Osmolality (mOsm/Kg)            | 820   | 920  | 670                                    | 780   | 450                                 |                                      |
| Free H <sub>2</sub> O (ml/8 oz) | 180   | 199  | 200                                    | 175   | 200                                 |                                      |
| mL to meet 100% RDI             | N/A   | N/A  | N/A                                    | N/A   | 1000 (age 1-8)<br>1500 (age 9-13)   | N/A                                  |
| Description                     | High calorie, high protein standard oral nutrition supplement | Fruit flavored, clear liquid oral supplement | Oral nutrition supplement for diabetes | Oral nutrition supplement for renal failure/ pre-dialysis | Pediatric oral nutrition supplement | Liquid protein supplement            |
| Comparable Products             | Boost Plus®, Ensure Plus®                                     | Boost Breeze®                                | Diabetishield®                         | Renalcal®   | Nutren Junior®                      | Beneprotein®, ProMod® Liquid Protein |
| Flavors                         | Vanilla, chocolate, strawberry                                | Apple, mixed berry                           | Vanilla, chocolate, strawberry         | Vanilla, chocolate, strawberry                            | Vanilla, chocolate, strawberry      | Citrus Splash                        |

The Nutrition & Dietetics Department provides nutritional services for inpatients and outpatients of Hendricks Regional Health.

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